Our Signature Programs



Girl Action Teams are free community programs for girls in grades 6-12 to identify challenges in their communities, and design and implement creative solutions to address them as teams. Each group has two women coaches to guide and support the girls through the project. This program runs in partnership with public schools and communities. Girl Action Teams can be offered through schools, community centers, faith-based organizations and other places.



6th-12th Grade | Fall - Spring



Immersion Lab is a pioneering business incubator program specifically designed for young Black women with an interest in entrepreneurship. This unique initiative offers participants culturally relevant entrepreneurial learning experiences and mentorship from successful female entrepreneurs.



9th-12th Grade | Year Round

READY WORK GIRL Ambassador Program



The Girl Ambassador Program (GAP) is a four-year, tiered approach to workforce development. Through paced learning and development, our certified instructors work with girls based on their individual software and hardware proficiencies and life experiences to teach hybrid skills and prepare them for better-paying jobs and leadership roles. Girls are introduced to thought leaders and subject matter experts on job readiness, leadership, networking, and financial literacy in order to give them a head start on professional and entrepreneurial career pathways.



9th-12th Grade | Spring - Summer





The **Peer Advisor** Restore cohort is a collaborative initiative between Girls For A Change and BareSOUL Yoga & Wellness designed to promote the mental well-being and healing of young Black girls. Participants engage in an extensive training program encompassing restorative justice, mindfulness, conflict resolution, and sisterhood. This program is great for girls interested in pursuing social work or mental health careers. It meets one Saturday per month, with two overnight sessions, and offers certifications from BareSOUL Yoga and in Mental Health First Aid CPR.



9th-12th Grade | Year Round



Learn more at: girlsforachange.org